




976 Sheridan Rd, Campo, CA 91906 Tel# (619) 478-2384

November 2017 Mountain Empire Food Option Sheet		
Organization	Location	Date and time
<b>Albertson's Fresh Rescue</b> For seniors over 60 years of age.	Mountain Empire Community Center 976 Sheridan Road Campo, CA 91906	Every Wednesday and Thursday, @ 1:30 pm
<b>Alpine Bethel Assembly</b> **Emergency food Ph # 445-5508 (Must call first & I.D. is Required)	1929 Arnold Way Alpine, CA 91901	Every Wednesday 9:00 am – 2:00 pm
<b>Campo Baptist Church</b> Call to find out about one free meal a month, 478-5941.	<b>Campo</b> , next to post office and Border Patrol Station.	Free bread every Saturday at 11:30 am.
	<b>Campo</b> , Mountain Empire Community Center	11-13-17 & 11-27-17, 9:30 am
	<b>Alpine</b> , 1912 Arnold Way at 1 <sup>st</sup> Baptist Church	11-14-17 & 11-28-17, 9:30 am
	<b>Descanso</b> , 24536 Viejas Grade Rd. Town Hall	11-2-17 & 11-16-17, 10:00 am
	<b>Jacumba</b> , at the Ball Field	11-13-17 & 11-27-17 11:00 am
	<b>Boulevard</b> , Across from post office	11-6-17 & 11-20-17, 9:30 am
	<b>Guatay</b> , 27521 Old Hwy 80	11-9-17 & ***11-22-17, 10:00 am
	<b>Potrero</b> , 2595 Broken Bone Lane	11-2-17 & 11-16-17 12:00 pm
<b>San Diego Food Bank Senior Program</b> Eligible: Individuals over 60 and pregnant females with children not receiving WIC. Must be on list to participate. You can also ask to be placed on waiting list.	<b>Lake Morena</b> , Community Church Parking Lot	11-22-17, 1:30 pm - 2:30 pm
	<b>Potrero</b> , Library	11-22-17, 12:00-12:30 pm
<b>Salvation Army Commodities</b> **Emergency food assistance call Barbara @ 473-0165	<b>Pine Valley</b> , Mountain Market	11-22-17, 9:30-10:30am
	<b>Guatay</b> , at the church	11-22-17, 11:00-12:00 noon
	*PLEASE NOTE CHANGE <b>Campo &amp; Lake Morena @ Lake Morena Community Church</b>	11-22-17, 11:00 am -1:00 pm
<b>San Diego Food Bank Potrero</b>	<b>Potrero</b> , Community Center	11-21-17, 3pm - 5pm
<b>Mountain Empire Emergency food pantry</b>	<b>Campo</b> , Community Center 976 Sheridan Rd. Campo, Ca 91906	Call 478-2384 ext.500 to make appointments with Julie
<b>Highland Senior Center, Jacumba</b> Call 766-4279 for information	<b>Jacumba</b> , Senior Center	Wednesdays
<b>Mountain Health &amp; Community Services/San Diego County AIS</b> Senior Nutrition Program. Hot lunches for seniors 60 & over with a suggested donation of \$3.00. \$6.00 for non seniors Home delivered meals to qualifying Home Bound seniors. Call Diana for reservations and specific locations at 478-5109.	<b>Campo</b> , Community Center	Weds. Thurs. & Fri., 12:00 pm
	<b>Alpine</b> , Community Center	Thursdays, 12:00 pm
	<b>Potrero</b> , Library	Thursdays, 12:00 pm
	<b>Dulzura</b> , Community Center	Thursdays, 12:00 pm
	<b>Pine Valley</b> , Community Club House	Fridays, 12:00 pm
	<b>Descanso</b> , Chapel of the Hills, 25153 Viejas Blvd	Wednesdays, 12:00 pm