



**MOUNTAIN
HEALTH**
C A R E S

This year's Mountain Health's 4th Annual Caring for Our Seniors...Serving Our Seniors! Fundraising Luncheon will support our Senior Nutrition Program. Your contributions will help to ensure that the seniors in our rural area have better access to nutrition, community services and health care services that will allow them to stay healthy and active. Mountain Health provides over 20,000 meals to Seniors in the Mountain Empire & the Alpine Communities.

Our luncheon will be held on October 11, 2018 and will take place at the Handlery Hotel - 950 Hotel Circle North, San Diego, CA 92108. Parking is FREE for those who attend. Lunch and program will be from 12:00-1:00PM.

Our ticket prices are \$100.00 per person. For information on sponsorship packages, please email Heather at hperry@mtnhealth.org or call [619-445-6200](tel:619-445-6200) ext 132.

